

THE Nation. TRAVELS

South Africa: Beyond Apartheid

ITINERARY | **SEPTEMBER 22– OCTOBER 3, 2018**

Immerse yourself in the South Africa rarely seen on tours - meet with innovative people and explore sites that exemplify the country's challenges and triumphs.

DETAILS & PRICING

B: BREAKFAST
L: LUNCH
D: DINNER
R: RECEPTION



SEPTEMBER 22: DEPART THE US

SEPTEMBER 23: CAPE TOWN

R, D

- Late afternoon arrival in Cape Town and enjoy a private transfer to the Taj Hotel.
- Enjoy a reception and light dinner this evening at the hotel.

SEPTEMBER 24: CAPE TOWN

B, L, D

- After breakfast, schedule permitting, meet with **Adv Mabedle Lawrence Mushwana**. Mr. Mushwana is a member of the African National Congress and Chair of the South African Human Rights Commission, where he focuses on refugees, health and housing.
- Drive to the township of Khayelitsha where our first stop will be to visit the women who create unique beaded pieces for the Monkeybiz Bead

Project. The project began in 1999 as a shared vision among three artists to regenerate the indigenous art of beadwork, while creating employment opportunities for women in the most under-resourced areas of the Western Cape. The Monkeybiz Bead Project also supports a Wellness Center, which provides healthcare, nutrition and yoga classes for bead artists living with HIV. Our visit provides a unique chance to see how the project works from the ground up.

- Continue on to Bamphulele's Education Center and Children's Home to meet with **Rosalia Mashale** and staff, a group that seeks to support communities in a sustainable way by helping people to help themselves.
- Enjoy a simple lunch at Rosie's.
- Return to Cape Town and visit the offices of the

Monkeybiz Bead Project to learn more about this creative enterprise.

- Spend the evening with well-known South African chef **Jenny Morris** also known as the Giggling Gourmet. Jenny is going to teach us to prepare a South African dinner.

SEPTEMBER 25: CAPE TOWN

B, L, D

- Visit the District Six Museum with **Professor Cirai Rasso** of the University of the Western Cape, where he is the director of the African Programme in Museum and Heritage Studies. Once a mixed community of free slaves, merchants, artisans, laborers and immigrants, District Six was a vibrant neighborhood. The museum chronicles the history of the forced removals of black South Africans and others from this area beginning in 1901, the declaration of it as a “white area” under the Group Areas Act of 1950, and its subsequent decline.



Cape Town Tourism, Craig Howes and Lisa Burnell

- Return to the hotel enjoying a city orientation tour on the way. Lying at the foot of its most famous landmark, Table Mountain, Cape Town has a host of well-preserved historical buildings influenced by a unique blend of cultures. We'll see the Houses of Parliament, City Hall Castle and Slave Lodge and Greenmarket Square.
- Enjoy a private lunch in the conservatory of the hotel. Joining us will be **Dr. Mamphelle Ramphele**, former managing director of the World Bank, and former Vice-Chancellor at the University of Cape Town. She is the author of several books and publications on socio-economic issues in South Africa.
- **Ms. Helen Zille** currently serves as Premier of the Western Cape Province in South Africa. She

was also the Leader of the Democratic Alliance until May 2015. Zille previously served as Mayor of Cape Town. She was also the Director of Communications at the University of Cape Town.

- Dinner is at the Gold Restaurant, which features traditional African and Cape Malay cuisine.

SEPTEMBER 26: CAPE TOWN

B, L

- Depart the hotel to stroll on foot along the waterfront to catch the ferry to Robben Island.
- For nearly 400 years, Robben Island, 12 kilometers from Cape Town, was a place of banishment, exile, isolation and imprisonment. During the apartheid years Robben Island became internationally known for its institutional brutality. Some freedom fighters spent more than a quarter of a century in prison for their beliefs. Perhaps the most famous prisoner was Nelson Mandela.
- Our tour here will be led by a former political prisoner who will provide a very special insight into the hardships endured by many South Africans.
- Return by boat back to Cape Town and proceed to the Zeitz Museum of Contemporary Art Africa (MOCAA). The largest museum in the world dedicated to contemporary African art, it features a founding collection on a lifetime loan from German entrepreneur and former Puma CEO Jochen Zeitz. The building itself is an architectural feat with 65,000 square feet of exhibition space spread over nine floors in what was previously a series of grain silos.
- Stop by George's Mall at the studio and gallery of well-known South African ceramicist **Clementina van der Walt**.



- Meet with a staff member of Ndifuna Ukwazi, Dare to Know, an activist organization and law center which works to advance urban land justice.
- Dinner at leisure this evening.

SEPTEMBER 27: CAPE TOWN

B, L

- Drive to the wine country for a visit to Solms Delta Wine Estate. Solms Delta is owned by **Professor Mark Solms**, a member of a sixth-generation farming family who returned to South Africa and the neglected Delta farm in 2001. When he arrived he found seven households who had lived on the land for generations and felt they had a right to own a fair share of the land. After uncovering literally and figuratively their collective history, a platform which tackled the social realities of South African agriculture was established where ownership of the land and business could be shared. Solms Delta has been a pioneer and catalyst to change in the agricultural sector. We have asked Professor Solms and **Professor Pumla Gobodo-Madikizela**, who has lectured on the innovative approach taken at Solms Delta, to join the group.
- After lunch explore the town of Stellenbosch. The historical university town of Stellenbosch is located in the center of viticulture. Founded in 1679 it is home to stunning architecture and a community of artists.

- Return to Cape Town for a meeting with **Dr. Cheryl de la Rey**, the Deputy Vice Chancellor of the University of Cape Town and editor of the South African Journal of Psychology.
- Tonight dinner is at leisure.

SEPTEMBER 28: JOHANNESBURG

B, L, D

- Fly to Johannesburg and upon arrival enjoy lunch at a local restaurant.
- Visit the wonderful Origins Center located on the campus of the University of Wiltwatersrand, a museum that aims to provide visitors with a unique experience of Africa's rich, complex and sometimes mysterious past.
- Participate in a round-table discussion with fellows at the Wits Institute for Social and Economic Research (WISER) at Wit University. Since 2001 the institute has been a leading interdisciplinary research institute in humanities and social sciences in Post-Apartheid and post-colonial South Africa.
- Check-in to the 5-star Michelangelo Hotel, located in President Nelson Mandela Square and surrounded by many shops and restaurants. Dinner this evening is at a local restaurant.



SEPTEMBER 29: JOHANNESBURG**B, L**

- This morning drive out to the township of Soweto, the most populous black urban residential area in the country. From its genesis, Soweto was a product of segregationist planning created to house mainly black laborers, who worked in mines and other industries in the city, away from the city center. Soweto has been a hotbed of many political campaigns that took place in the country, the most memorable of which was the 1976 student uprising when Hector Peterson was shot and killed.
- The area has spawned many political, sporting and social luminaries, including Nelson Mandela and Desmond Tutu – two Nobel Peace Prize Laureates, who once lived on the now famous Vilakazi Street in Orlando West.



- We are planning to visit with **Linah Maluleke**, Soweto's "mama" who established the Vutomi Inyiko Multi Disability Stimulation Center in 2000 after struggling to find appropriate care for her disabled son.
- After lunch in Soweto visit the Apartheid Museum which opened in 2001 and is acknowledged as the pre-eminent museum in the world dealing with 20th century South Africa, at the heart of which is the apartheid story.
- Return to the hotel to meet with **Shireen Hassim**, author of *Women's Organizations and Democracy in South Africa*, the winner of the 2007 Victoria Schuck Award for Best Book on Women and Politics awarded by the American Political Science Association.
- Tonight dinner is at leisure.

SEPTEMBER 30: JOHANNESBURG**B, L**

- Visit Constitution Hill and the Women's Gaol, where the offices of the Commission on Gender Equality are located. The new Constitutional Court, an architectural masterpiece, is home to a fine collection of art. Nearby is the Women's Gaol where the permanent art exhibition here tells the collective story of the hardship and resistance of hundreds of thousands of mainly black women.
- Also see Number Four or the "Native Prison" located in a section of the Old Fort complex reserved for black men. Housed in the notorious prison were Mahatma Gandhi and Robert Sobukwe, a political dissident who became President of the Pan Africanist Congress.
- Enjoy a late lunch at Market on Main, a lively Sunday market featuring foods and crafts from throughout the province.
- Accompanying you today will be author and journalist, **Mark Gevisser**, and retired **Judge Albie Sachs**, a lawyer, writer, and veteran of the anti-apartheid struggle.
- Dinner is at leisure

OCTOBER 1: THORNYBUSH**B, L, D**

- This morning attend a round table with political analysts, journalists and authors including **Eusebius McKeiser**, **Karima Brown**, **Prince Mashele**, and **Steven Friedman**.
- Continue by flight to a small airport in Hoedspruit. Upon arrival drive about 20 minutes to check-in at **Thornybush Waterside Lodge**.



- Thornybush Lodge is situated adjacent to the Greater Kruger National Park within the famous Thornybush Nature Reserve. The private reserve is home to an abundance of species: 147 mammals including the “Big Five”, 114 reptiles, 507 birds, 49 fish, 34 amphibians and 336 trees. The reserve is predominantly open savannah and with a near perfect year round climate.
- Depart on a late-afternoon safari stopping en route for “sundowners” (happy hour!).
- Enjoy dinner this evening at the lodge.



OCTOBER 2: THORNYBUSH

B, L, D

- Today will include an early morning wake up call, tea/coffee, a 3 hour open vehicle safari drive, breakfast, an optional walk, leisure time and swim, lunch, afternoon siesta and afternoon tea, a 3 hour open vehicle afternoon-into-night safari, and a wonderful dinner.
- After breakfast meet with researchers from the Wits Rural Facility, a unique rural campus of the University of the Witwatersrand established in 1989 to support social and scientific research, student training and community engagement in a rural setting where commercial game reserves neighbor densely populated tribal areas.

OCTOBER 3: JOHANNESBURG/DEPART

B, L

- Early morning excursion followed by breakfast. Balance of morning at leisure. After lunch return by air to Johannesburg for international flights home.

TRIP PRICE

Per person double occupancy:	\$7,380
Single supplement:	\$1,470
Internal Airfare:	\$460

INCLUDED

- Accommodation, based on double occupancy, in hotels as listed
- Two nights at the Thornybush Waterside Lodge which includes safari drives as noted in itinerary, early morning tea/coffee and snacks, breakfast, lunch, tea, sundowners and dinner
- Airport transfers on designated arrival and departure dates
- Meals as listed in the itinerary including bottled water
- Water on the bus at all times
- All sightseeing and excursions in a private air-conditioned bus
- All private events and speakers as listed
- All entrance fees listed
- Services of an English-speaking local guide/tour manager
- Services of a local guide in Johannesburg
- Cocktail reception at the hotel in Cape Town
- Meeting rooms as listed
- Porterage
- Gratuity to tour manager/guides and bus driver

DOES NOT INCLUDE

- International airfare to and from South Africa
- Internal airfare (economy class) from Cape Town to Johannesburg; Johannesburg/ Hoedspruit (Thornybush)/ Johannesburg - \$460
- Drinks with meals
- Passport fees
- Visa fee
- Excess luggage charges
- Travel Insurance
- Items of a purely personal nature